



# INTERNATIONAL SURGICAL SLEEP SOCIETY

## SEPTEMBER 26-27, 2024

### DAY 1 • Thursday, September 26

This is a preliminary agenda. Talk titles and speakers are subject to change

|                     |   |
|---------------------|---|
| 8:50 AM - 9:00 AM   | <b>WELCOME</b>  |
| 9:00 AM - 10:30 AM  | <b>SESSION #1 How I Do it</b>   |
|                     | Radiofrequency Treatment for Sleep Apnea  |
|                     | Hyoid Myotomy and Suspension  |
|                     | Expansion Pharyngoplasty  |
|                     | Barbed Pharyngoplasty   |
| 10:30 AM - 10:40 AM | <b>BREAK</b>  |
| 10:40 AM - 12:00 PM | <b>SESSION #2 How I Do it</b>   |
|                     | Inspire   |
|                     | Alternative Neurostimulation Technology   |
|                     | Surgical Assisted Rapid Palatal Expansion   |
|                     | Genioglossal Advancement  |
| 12:00 PM - 1:00 PM  | <b>LUNCH</b>  |
| 1:00 PM - 5:00 PM   | <b>CADAVER LABS</b><br>Learn and Practice Pharyngoplasty, Neurostimulation, Skeletal Surgery Techniques from Leaders in the Field |
| 5:30PM - 7:00 PM    | <b>SOCIAL EVENT</b>   |

### DAY 2 • Friday, September 27

|                     |  |   |
|---------------------|--|---|
| 7:15 AM - 8:00 AM   | <b>BREAKFAST - INDUSTRY SPONSORED</b>                              |   |
| 8:00 AM - 8:10 AM   | Opening Welcome  |   |
| 8:10 AM - 8:30 AM   | <b>KEYNOTE ADDRESS</b> Why Do We Treat Sleep Apnea?                |   |
| 8:30 AM - 8:40 AM   | <b>BREAK WITH EXHIBITORS</b>                                       |   |
| 8:40 AM - 9:45 AM   | <b>1A CONCURRENT SESSION</b><br>So, You Have Sleep Apnea, So What? | <b>1B CONCURRENT SESSION</b><br>It's Not All About Collapsibility!      |
|                     | Cardiovascular Outcomes  | Phenotypes, Endotypes, and Alternative Opportunities                    |
|                     | Neurocognitive Outcomes  | COMISA and CBT  |
|                     | Central Apnea Effects on Outcomes                                  | Sleep Related Movement Disorders  |
|                     | Effects of Surgery on Outcomes: Defining Success                   | No Thanks, I'm Full!<br>(Update on Bariatric surgery and GLP1 Agonists) |
|                     | Q&A  | Contemporary DISE -Beyond Pass/Fail                                     |
| 9:45 AM - 10:00 AM  | <b>BREAK WITH EXHIBITORS</b>                                       |   |
| 10:00 AM - 11:00 AM | <b>2A CONCURRENT SESSION</b><br>Research Abstracts                 | <b>2B CONCURRENT SESSION</b><br>Pharyngoplasty - Panel                  |
|                     |  | Anatomy of Pharyngeal Musculature                                       |
|                     |  | Pharyngoplasty or Tonsillectomy   |
|                     |  | Evolution of Pharyngoplasty   |
|                     |  | Pharyngoplasty Panel: Teach Me, Oh Experienced Ones!                    |
|                     | Complications of Palatal Surgery                                   |   |
| 11:00 AM - 11:15 AM | <b>BREAK WITH EXHIBITORS</b>                                       |   |



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### DAY 2 • Friday, September 27 *continued*

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|                      |   |  |
|----------------------|---|--|
| 11:15 AM - 12:00 PM  | <b>Concurrent Session 3A</b><br>Additional Treatment Options for Surgeons | <b>Concurrent Session 3B</b><br>How Do I Add a Sleep Practice?         |
|                      | Oral Appliances and Rapid Palatal Expansion                               | Incorporating Sleep into General ENT Practice                          |
|                      | Update on CPAP for Surgeons   | Making It Make Sense - Sleep Surgery Logistics in Practice             |
|                      | Update on Wearables and Apps  | What About My Bottom Line - Does Sleep Surgery Add Value               |
|                      | Q&A   | Sleep Surgery Fellowship Panel   |
| 12:00 PM - 1:00 PM   | <b>LUNCH</b>  |  |
| 1:00 PM - 2:00 PM    | <b>Concurrent Session 4A</b><br>Research Abstracts                        | <b>Concurrent Session 4B</b><br>Nasal Surgery                          |
|                      |   | Evaluating the Nose  |
|                      |   | Minimally Invasive Options for the Lateral Nasal Wall/RF, Suture       |
|                      |   | Nasal Breathing retraining   |
|                      |   | Nasal Surgery and PAP Tolerance Improvement                            |
|                      |   | Does Adding Sinus Surgery Improves Snoring Outcomes?                   |
| 2:00 PM - 2:15 PM    | <b>BREAK WITH EXHIBITORS</b>  |  |
| 2:15 PM - 3:30 PM    | <b>Concurrent Session 5A</b><br>Craniofacial                              | <b>Concurrent Session 5B</b><br>Perioperative Challenges               |
|                      | Craniofacial Contributions to OSA   | Anesthesia in Sleep Surgery  |
|                      | Update on Hyoid Suspension for OSA  | Post-Operative Care (International)                                    |
|                      | Measurements that Matter and Virtual Surgical Planning                    | Managing Post-operative Pain   |
|                      | Surgically Assisted Rapid Palatal Expansion                               | Is this Patient a Good Surgical Candidate?                             |
|                      | MMA Surgical Concepts   | Perioperative Complications: Oh, What to Do (Panel)                    |
|                      | MMA Candidates and Outcomes   |  |
| Complications of MMA |   |  |
| 3:30 PM - 3:45 PM    | <b>BREAK WITH EXHIBITORS</b>  |  |
| 3:45 PM - 5:00 PM    | <b>Concurrent Session 6A</b><br>Pediatric OSA                             | <b>Concurrent Session 6B</b><br>Neurostimulation - Panel on Management |
|                      | Trisomy 21 and Syndromic OSA  | Patient Selection Panel  |
|                      | Pediatric Neurocognitive Outcomes   | Post-Implant Care - The Non Responder                                  |
|                      | Nasal and Adenoid Surgery   | Managing Complications of HNS  |
|                      | Laryngomalacia and Supraglottic Surgery for OSA                           | Nyxoah   |
|                      | Craniofacial Surgery in Pediatric OSA                                     | Livanova Update  |
|                      | Update on Pediatric Neurostimulation                                      | Change to Alternative Neurostimulation Targets                         |
|                      | Q&A   | Q&A  |
| 5:00 PM - 5:15 PM    | <b>CLOSING REMARKS AND RECOGNITION OF LEADERS IN THE FIELD</b>            |  |
| 5:30 PM - 7:00PM     | <b>SOCIAL EVENT</b>   |  |