

INTERNATIONAL SURGICAL SLEEP SOCIETY



## 2022 ISSS ANNUAL MEETING

SEPTEMBER 8-10, 2022

**SEPTEMBER 8 • RESEARCH MEETING**  
**SEPTEMBER 9-10 • SCIENTIFIC MEETING**

LOEWS PHILADELPHIA HOTEL • PHILADELPHIA, PENNSYLVANIA

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## RESEARCH WORKSHOP • Thursday, September 8

<b>1:00 PM - 1:10 PM</b>	<b>WELCOME/INTRODUCTION</b> <i>Stacey Ishman</i>
1:10 PM - 1:30 PM	QOL <i>Ed Weaver</i>
1:30 PM - 1:40 PM	QOL Discussion
1:40 PM - 2:00 PM	Sleep Metrics <i>Jolie Chang</i>
2:00 PM - 2:10 PM	Sleep Metrics Discussion
2:10 PM - 2:40 PM	CV Outcomes <i>Stuart Mackay</i>
2:40 PM - 3:00 PM	CV Outcomes Discussion
<b>3:00 PM - 3:10 PM</b>	<b>BREAK</b>
<b>3:10 PM - 4:30 PM</b>	<b>BREAKOUT SESSIONS</b>
	DISE
	Neurostimulation
4:30 PM - 5:00 PM	Report out - 10 minutes each
	Format - Critical Questions
	Gaps

## DAY ONE • Friday, September 9

<b>8:00 AM - 8:30 AM</b>	<b>INTRODUCTION FROM HOSTS</b> ISSS Presidential Address
<b>8:30 AM - 9:30 AM</b>	<b>Pathophysiology of OSA and Physiologic Consequences</b> <i>Co-chairs: Kathleen Yaremchuk, MD &amp; B. Tucker Woodson, MD</i>
8:30 AM – 8:45 AM	Pathophysiologic Elements of OSA, <i>Daniel Vena, PhD</i>
8:45 AM – 9:00 AM	Applying PSG Data to Pathophysiologic Risk, <i>Alan Schwartz, MD</i>
9:00 AM – 9:15 AM	Impact of Treatment of Disease <i>Indira Gurubhagavatula, MD</i>
9:15 AM – 9:30 AM	Panel Discussion
<b>9:30 AM - 10:15 AM</b>	<b>KEYNOTE SPEAKER</b> <b>If We Knew Then, What We Know Now</b> <i>Kathleen L. Yaremchuk, MD, MSA</i>
<b>BREAK with EXHIBITORS 10:15 AM - 10:40 AM</b>	
<b>CONCURRENT SESSION • 10:45 AM - 12:00 PM</b>	
<b>ROLE OF THE SLEEP SURGEON</b> <i>Co-chairs: Colin Huntley, MD &amp; Alan Kominsky, MD</i>	
10:45 AM	OSA Phenotypes <i>Alan Schwartz, MD</i>
11:00 AM	PAP Therapy: Is It Still the “Gold Standard” <i>Asim Roy, MD</i>
11:15 AM	What is Surgical Success: AHI, Symptoms, Cardiovascular Risk Reduction? <i>Olivier Vanderveeken, MD</i>
11:30 AM	Non-Surgical Options for the Sleep Surgeon <i>Madeline Ravesloot, MD</i>
11:45 AM	Panel Discussion: Should the Sleep Surgeon Be the 1st Line Sleep Specialist?
<b>CONCURRENT SESSION • 10:45 AM • 12:00 PM</b>	
<b>MANDIBULAR ADVANCEMENT DEVICES &amp; OSA</b> <i>Co-chairs: Ofer Jacobowitz, MD &amp; Courtney Chou, MD</i>	
10:45 AM	Selecting the Optimal Dental Appliance <i>Mitchell Levine, DDS</i>
11:00 AM	Oral Appliance Therapy in the Ambulatory Pulmonary Setting <i>Michelle Cantwell, DDS</i>
11:15 AM	Oral Appliance Therapy as Primary Management of OSA <i>Marijke Deltjens, MD</i>
11:30 AM	The Role of the Oral Appliance in Combination Therapy for OSA, <i>Sam Mickelson, MD</i>
11:45 AM	Panel Discussion
<b>LUNCH with EXHIBITORS &amp; INDUSTRY SPONSORED PRESENTATIONS 12:00 PM - 1:00 PM</b>	

**DAY ONE** ✦ **Friday, September 9** *continued***CONCURRENT SESSION • 1:00 PM - 1:55 PM****SNORING: HOW TO GET YOUR PARTNER BACK IN BED** *Co-chairs: Bhik Kotecha & Gabriella Nunez Zurita, MD*

1:00 PM	What is Snoring and Evaluation Techniques <i>Lyndon Chan, MD</i>
1:10 PM	Physiologic and Social Consequences of Snoring <i>Andrea de Vito, MD</i>
1:20 PM	Surgical Options for Snoring <i>Vikas Agrawal, MD</i>
1:30 PM	Non-Surgical Options for Snoring <i>Oleg Froymovich, MD</i>
1:40 PM	Panel Discussion

**CONCURRENT SESSION • 1:00 PM - 1:55 PM****THE PEDIATRIC OSA PATIENT** *Co-chairs: Ron Mitchell, MD & Danielle Friberg, MD*

1:00 PM	Pediatric Anatomy and Physiology of OSA; Not Little Adults <i>Evan Propst, MD</i>
1:10 PM	Role of DISE in the Pediatric Patient <i>Norman Friedman, MD</i>
1:20 PM	T&A - Still 1st Line? <i>Lisa Elden, MD</i>
1:30 PM	Does the Nose Matter in Kids? <i>Derek Lam, MD</i>
1:40 PM	Panel Discussion

**CONCURRENT SESSION • 2:00 PM - 2:55 PM****ADULT OSA EVALUATION AND THERAPEUTIC DECISION MAKING** *Co-chairs: Michael Friedman, MD & Mustafa Gerek, MD*

2:00 PM	Physical Exam: Factors That Matter and Those That Don't <i>Edward Weaver, MD</i>
2:09 PM	DISE: Does it Impact Outcomes? <i>Ryan Nord, MD</i>
2:18 PM	OSA Imaging <i>Richard Schwab, MD</i>
2:27 PM	Traditional and Advanced DISE Techniques <i>Raj Dedhia, MD</i>
2:36 PM	Surgical Decision Making Based on DISE Findings <i>Eric Kezirian, MD</i>
2:45 PM	Panel Discussion

**CONCURRENT SESSION • 2:00 PM - 2:55 PM****PEDS CONTINUED** *Co-chairs: Erin Kirkham, MD & Sanjay Parikh, MD*

2:00 PM	Pediatric Palate Surgery <i>Christina Baldassari, MD</i>
2:10 PM	Management of the Tongue Base <i>David Smith, MD</i>
2:20 PM	Complicated Pediatric Populations <i>Stacey Ishman, MD</i>
2:30 PM	Pediatric Neurostimulation <i>Nikhila Raol, MD</i>
2:40 PM	Panel Discussion

**BREAK with EXHIBITORS • 3:00 PM - 3:25 PM****CONCURRENT SESSION • 3:30 PM - 4:25 PM****MY HEAD ISN'T BIG, I JUST HAVE A SMALL NOSE** *Co-chairs: Mauritis Boon, MD & Edilson Zancanella, MD*

3:30 PM	Evaluation of the Nose <i>Alessandro Bucci, MD</i>
3:45 PM	Surgical Decision Making for Nasal Surgery <i>Erica Thaler, MD</i>
4:00 PM	Nasal Valve and Functional Rhinoplasty <i>Howard Krein, MD, PhD</i>
4:15 PM	Case Discussion

**CONCURRENT SESSION • 3:30 PM - 4:25 PM****TONGUE BASE: NEUROMUSCULAR COLLAPSE, PHYSICAL OBSTRUCTION, OR BOTH?***Co-chairs: Ashwin Anath, MD & Amy Schell, MD*

3:30 PM	Best Practices for Lingual Tonsil Hypertrophy <i>Victoria Demarchi, MD</i>
3:45 PM	Hyoid Myotomy and Advancement: Still a Reasonable Treatment Option? <i>Todd Huntley, MD</i>
4:00 PM	Traditional Tongue Base Surgery in the Era of Neurostimulation <i>Paul Hoff, MD</i>
4:15 PM	Case Discussion

**ACADEMIC POSTER PRESENTATIONS  
& RECEPTION****4:45 PM – 6:00 PM**



## DAY TWO ✦ Saturday, September 10

<b>8:00 AM - 10:00 AM</b>	<b>NEUROSTIMULATION</b> <i>Co-Chairs: Jolie Chang, MD &amp; Graeme Mulholland, MD</i>
8:00 AM	Patient Evaluation and Predictors of Success <i>Ryan Soose, MD</i>
8:15 AM	2 vs 3 Incision Approach: Tips for Surgical Success <i>Maria Suurna, MD</i>
8:30 AM	Outcomes: AHI, Symptoms, Physiology <i>Reena Dhanda, MD</i>
8:45 AM	Overstimulation, <i>Boyd Gillespie, MD</i>
9:00 AM	Other than Inspire: What Else is Out There? <i>Clemens Heiser, MD</i>
9:15 AM	New Technologies: What's on the Horizon <i>David Kent, MD</i>
9:30 AM	Neurostimulation Case Discussion
<b>BREAK with EXHIBITORS 10:00 AM - 10:25 AM</b>	
10:30 AM - 11:00 AM	Anesthesia and Sleep <i>Joshua Atkins, MD PhD</i>
<b>11:05 AM - 11:55 AM</b>	<b>ACADEMIC SESSION: ORAL ABSTRACT PRESENTATIONS</b> <i>Co-Chairs: Marty Hopp, MD &amp; Mark D'Agostino, MD</i>
<b>LUNCH with EXHIBITORS &amp; INDUSTRY SPONSORED PRESENTATIONS 12:00 PM - 1:00 PM</b>	
<b>CONCURRENT SESSION • 1:00 PM - 1:55 PM</b>	
<b>THE ROLE OF THE NOSE</b> <i>Co-chairs: Nicholas Busaba, MD &amp; Yosef Krespi, MD</i>	
1:00 PM	Impact of Nasal Breathing on OSA <i>Shintaro Chiba, MD</i>
1:10 PM	Mouth Breather: Not Just a Social Stigma <i>Marianna Evans, DMD</i>
1:20 PM	The Role of Allergy Testing and Immunotherapy <i>Matthew Patterson, MD</i>
1:30 PM	Medical Management of Nasal Obstruction <i>Alpen Patel, MD</i>
1:40 PM	Panel Discussion
<b>CONCURRENT SESSION • 1:00 PM - 1:55 PM</b>	
<b>SKELETAL SURGERY: MY NOSE ISN'T BIG, I JUST HAVE A SMALL HEAD</b> <i>Co-chairs: Jose Barrera, MD &amp; Daniel Taub, DDS, MD</i>	
1:00 PM	Diagnosis of Skeletal Deficiency <i>Eric Thuler, MD, PhD</i>
1:10 PM	MMA as a First Line Treatment <i>Stanley Liu, MD, DDS</i>
1:20 PM	Maxillary Expansion Techniques <i>Michael Hutz, MD</i>
1:30 PM	GGA/Hyoid Suspension <i>Joe Cillo, DMD</i>
1:40 PM	Panel Discussion
<b>2:00 PM - 2:30 PM</b>	<b>ACADEMIC SESSION: ORAL ABSTRACT PRESENTATIONS</b> <i>Co-Chairs: Jason Yu, MD &amp; Carlina Ferraz de Paula Soares, MD</i>
<b>BREAK with EXHIBITORS 2:30 PM - 2:55 PM</b>	

**DAY TWO** ✦ **Saturday, September 10** *continued***CONCURRENT SESSION • 3:00 PM - 4:00 PM****RESIDENT AND FELLOW MINGLE/ROUNDTABLE** *Chair: Katherine Sarber, MD*

3:00 PM	Choosing A Sleep Surgery Career <i>Sebastian Jarra, MD</i>
3:10 PM	Application Process; When and Where? <i>Julianna Rodin, MD</i>
3:20 PM	Life as a Fellow <i>Abhay Sharma, MD</i>
3:30 PM	Roundtable Discussion

**CONCURRENT SESSION • 3:00 PM - 4:00 PM****UPPP OR BUST, UPDATES IN PALATE SURGERY** *Co-chairs: Katherine Green MD, MS & Julia Crawford MD*

3:00 PM	Perioperative Evaluation and Surgical Decision Making <i>Ewa Olszewska, MD</i>
3:10 PM	Multilevel Surgery in the Neurostimulation Era <i>Stuart Mackay, MD</i>
3:20 PM	Defining Success and Treating Failure <i>Hsin-Ching Lin, MD</i>
3:30 PM	Updates in Palate Surgery <i>B. Tucker Woodson, MD</i>
3:40 PM	Case Discussion

**CONCURRENT SESSION • 4:00 PM - 5:00 PM****ALEXA, HOW'S MY SLEEP: WEARABLES & APPS** *Co-chairs: Shintaro Chiba, MD & Fabio Lorenzitti, MD*

4:00 PM	Apps vs Sleep Study <i>Robson Capasso, MD</i>
4:10 PM	Integration in Clinical Practice <i>Phil Huyett, MD</i>
4:20 PM	Non-OSA Technologies <i>Ulrich Sommer, MD</i>
4:30 PM	The Role of Positional Therapy <i>Nico deVries, MD</i>
4:40 PM	Panel Discussion

**CONCURRENT SESSION • 4:00 PM - 5:00 PM**

**4:00PM ACADEMIC SESSION: ORAL ABSTRACT PRESENTATIONS**  
*Co-Chairs: Thomas Verse, MD & Ahmed Baghat, MD*